

INTEGRATED PRICE MONITORING (Bantay Presyo)

MARKETS: COGON & CARMEN MARKET

DATE: November 2, 2022

COMMODITY	SPECIFICATION	Carmen, Cagayan de Oro City			Cogon, Cagayan de Oro City		
		Prevailing Price	High	Low	Prevailing Price	High	Low
IMPORTED COMMERCIAL RICE							
Special	Blue tag	n/a	n/a	n/a	n/a	n/a	n/a
Premium	Yellow tag	43.00	45.00	40.00	42.00	43.00	40.00
Well milled	White tag	n/a	n/a	n/a	n/a	n/a	n/a
Regular milled	White tag	n/a	n/a	n/a	n/a	n/a	n/a
LOCAL COMMERCIAL RICE							
Special	Blue tag	49.00	52.00	44.00	44.00	48.00	44.00
Premium	Yellow tag	41.50	48.00	38.00	42.00	45.00	41.00
Well milled	White tag	39.50	42.00	37.00	40.00	40.00	38.00
Regular milled	White tag	39.00	42.00	37.00	39.00	40.00	38.00
FISH							
Bangus	med(3-4pcs/kg)	180.00	180.00	180.00	200.00	200.00	180.00
Tilapia	med(5-6pcs/kg)	140.00	140.00	140.00	200.00	200.00	200.00
Galunggong (<i>Local</i>)	med(12-14pcs/kg)	n/a	n/a	n/a	n/a	n/a	n/a
Galunggong (<i>Imported</i>)	med(12-14pcs/kg)	n/a	n/a	n/a	n/a	n/a	n/a
Alumahan	med(4-6pcs/kg)	n/a	n/a	n/a	240.00	240.00	240.00
LIVESTOCK & POULTRY PRODUCTS							
Beef Rump	lean meat/ tapadera	380.00	380.00	375.00	380.00	390.00	360.00
Beef Brisket	meat w/bones	280.00	280.00	275.00	280.00	280.00	260.00
Pork Kasim		330.00	330.00	330.00	320.00	340.00	300.00
Pork Liempo		330.00	350.00	330.00	320.00	350.00	320.00
Whole Chicken	fully dressed	180.00	180.00	180.00	180.00	190.00	175.00
Chicken Egg	medium size	6.00	6.25	6.00	6.00	6.00	5.75
LOWLAND VEGETABLES							
Ampalaya	4-5 pcs/kg	80.00	100.00	60.00	70.00	90.00	60.00
Sitao	3-4 small bundles	50.00	80.00	50.00	60.00	70.00	60.00
Pechay (<i>Native</i>)	3-4 small bundles	100.00	100.00	70.00	60.00	80.00	60.00
Squash	Suprema variety	25.00	25.00	20.00	30.00	30.00	20.00
Eggplant	3-4 small bundles	60.00	70.00	50.00	58.00	70.00	50.00
Tomato	15-18 pcs/kg	60.00	60.00	50.00	30.00	60.00	30.00
HIGHLAND VEGETABLES							
Cabbage (<i>Scorpio</i>)	750 gm - 1 kg/head	50.00	80.00	50.00	65.00	90.00	50.00
Carrots	8-10 pcs	120.00	120.00	100.00	n/a	n/a	n/a
Habitchuelas (<i>Baguio beans</i>)		65.00	70.00	50.00	70.00	80.00	60.00
White Potato	10-12 pcs	80.00	100.00	60.00	70.00	100.00	60.00
Pechay (<i>Baguio</i>)		60.00	60.00	40.00	40.00	60.00	40.00
Chayote		27.50	30.00	20.00	25.00	40.00	25.00
SPICES							
Red Onion	13-15 pcs/kg	200.00	220.00	200.00	210.00	220.00	200.00
Red Onion (<i>Imported</i>)		n/a	n/a	n/a	n/a	n/a	n/a
White Onion		n/a	n/a	n/a	n/a	n/a	n/a
White Onion (<i>Imported</i>)		n/a	n/a	n/a	n/a	n/a	n/a
Garlic (<i>Imported</i>)		120.00	140.00	110.00	100.00	100.00	100.00
Garlic (<i>Native</i>)		n/a	n/a	n/a	n/a	n/a	n/a
Ginger		80.00	100.00	70.00	80.00	80.00	70.00
Chilli (<i>Labuyo</i>)		n/a	n/a	n/a	250.00	250.00	250.00
FRUITS							
Calamansi		60.00	60.00	60.00	60.00	60.00	50.00
Banana (<i>Lakatan</i>)	8-10 pcs/kg	35.00	40.00	35.00	28.00	40.00	25.00

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		Prevailing Price	High	Low	Prevailing Price	High	Low
Banana (<i>Latundan</i>)	10-12 pcs/kg	35.00	35.00	35.00	n/a	n/a	n/a
Papaya	2-3 pcs/kg	n/a	n/a	n/a	n/a	n/a	n/a
Mango (<i>Carabao</i>)	3-4 pcs/kg	120.00	130.00	120.00	110.00	120.00	110.00
OTHER BASIC COMMODITIES							
Sugar (<i>Refined</i>)		120.00	120.00	108.00	106.00	110.00	100.00
Sugar (<i>Washed</i>)		n/a	n/a	n/a	n/a	n/a	n/a
Sugar (<i>Brown</i>)		86.00	100.00	86.00	88.00	90.00	84.00
Cooking oil (<i>Palm</i>)	350 ml/bottle	n/a	n/a	n/a	n/a	n/a	n/a
Cooking oil (<i>Palm</i>)	1 Liter/bottle	85.00	94.00	74.00	80.00	88.00	78.00
CORN							
White Corn Grits #10		39.00	39.00	38.00	39.00	40.00	37.00
White Corn Grit #12		39.00	39.00	38.00	39.00	40.00	37.00
ROOTCROPS							
Sweet Potato		30.00	30.00	30.00	35.00	40.00	30.00
Cassava		n/a	n/a	n/a	11.00	11.00	11.00
Taro (<i>gabi</i>)		60.00	60.00	60.00	65.00	65.00	65.00

Prepared and Submitted by: DA RFO 10 - AMAD